



SAFE & SOUND YOGA

Join us on **Saturdays at 9:30 a.m.** for a relaxing time of **FREE** yoga in the park for **all levels and ages** at 2 locations!

Kings Forest Park & Community Center

8008 E Chelsea Street, Tampa, FL 33610

Sandy Perrone Park & Community Center

5120 Kelly Road, Tampa, FL 33615

RSVP at SafeandSoundHillsborough.org

info@safeandsoundhillsborough.org | 813.327.8317



Safe & Sound Yoga

Saturdays | 9:30 a.m.

@ Kings Forest

October 19
November 9
January 11
February 8
March 7

@ Sandy Perrone

October 26
November 16
December 7
January 25
February 22
March 14

Please wear comfortable clothing, bring water and a towel or yoga mat.

**FREE & OPEN to
the PUBLIC**

Certified Yoga Instructor,
Sukari Mitchell